

Over the past number of years Dingle has become synonymous for food and food culture. The highlight of the year for all foodies is the *Dingle Food Festival*. The festival is held on the first weekend in October every year and 2018 makes for the 12th year of this unique food Festival.

"what makes this food festival different from all the others?" I hear you say.

Well, firstly it's in Dingle, the perfect setting on the Wild Atlantic Way in Co Kerry Ireland.

Secondly, the unique selling point has to be, the *amazing taste trail* which has become famous worldwide.

The ethos of the taste trail is that each participating premises will have a small portion or 'taste' of what they are offering, be it seafood, piog pies (a Dingle speciality mutton pie), mini burgers, delicate pastries or one of our local beers or spirits. The idea is that you spend your day eating your way along the food trail, taking in as many as possible of up to 70 participating places. It is simply a wonderful taste experience.

But that's not all, the food festival also has lots of *workshops* like "Beekeeping", "How to make the perfect cappuccino", "Tempering your own chocolate", "How to grow your own garden herbs". There are cookery demonstrations by both local and guest celebrity chefs. Added to that there are lots and lots of food producers offering their goods for sale along the street and there are lots of fun events for all the family.

The annual Dingle Food Festival has really become one of the most well-known and anticipated food festivals in Ireland, due to all the hard work of the local voluntary committee who organise it. It has become a real showcase for local producers such as Dingle Distillery, Micilín Muc and Ted Browne, just to mention a few.

The Dingle Food Festival runs this year from Friday October 7th to Sunday October 9th inclusive. Make a date in your diary to visit and stay at *Castlewood House*. It is so much fun.